



**KAMALA NEHRU COLLEGE**

**UNIVERSITY OF DELHI**

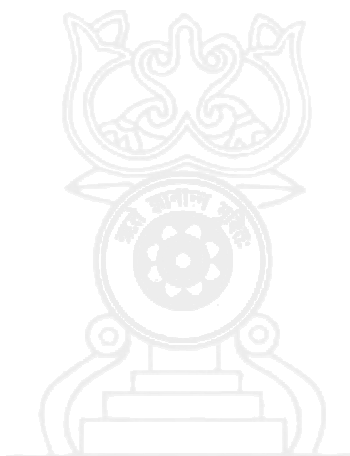
**SUPPORTING DOCUMENTS FOR 3.3.3**

**REPORTS OF THE EXTENSION ACTIVITIES OF SOCIETIES FOR  
THE PERIOD**

**2016-17**

**SOCIETIES**

- NSS
- NCC
- WDC
- GANDHI STUDY CIRCLE
- SHINNING NETWORK
- ASAR- THE ENTREPRENEUR CELL
- GREEN BEANS
- CONSUMER CLUB
- 





## **NSS-KNC**

### **About NSS-KNC**

National Social Service (NSS) is a youth programme under the Ministry of Youth Affairs and Sports, Government of India. The overall objective of the NSS is 'Education and Service to the community and by the community. NSS at KNC instills the spirit of social service and has more than 1000 registered members. Each volunteer devotes 120 hours in a year to community extension service by proving themselves as forerunners of change with their selfless service to society and relentless work for social causes. Their services include cancer awareness, literacy programmes, blood-donation camps, environment and conservation of resources, cleanliness, upliftment of underprivileged children and so on.

### **Core Team**

Faculty Convenor: Dr. Sarita Sharma

Student Convenor: Ayushi Paul

## **Activities**

### **Blood Donation Camp with Blood Connect**

NSS team conducted a blood donation camp on 11th March 2016 with the motto of helping those in need. The team collaborated with BLOOD CONNECT, a youth organization which provides a 360 degree solution to the shortage of blood in the country. Their team, comprising student volunteers and doctors, came to Kamala Nehru College with all the equipment. It was a five-hour camp-event and saw the participation of over 150 donors who left the camp with a sense of worth after donating blood to save a life.

### **International Yoga Day**

International Yoga Day celebrations all around the world, KNC conducted an event in the college on 21st June, 2016. The NSS and the National Cadet Corps (NCC) had an equal hand in conducting and organizing the event. KNC witnessed about 70-80 student participants who gathered in College premises at around 6:45 a.m. The chief guests of the event were – Dr. Jitendra Nagpal - a Senior Consultant Psychiatrist and in-charge of the Institute of Child Development and Adolescent Health at Moolchand Medcity, New Delhi, and Mrs. Neetu Sharma – the Executive Director of the Navjyoti India Foundation and the Joint Commissioner of Police. Each of the three chief guests gave informative and motivational speeches on how to detect and protect someone who is under the influence of drug or any other substance abuse so that they can lead a happy and risk-free life. Everyone agreed that substance abuse is nothing but a behavioral disorder that must be detected early before it is too late. They also discussed the possible reasons for indulging in substance abuse, it could be – peer pressure, failure in life, broken families, or merely just curiosity. Signs of drug abuse along with ways for parents, teachers and peers to deal

with people under this life- threatening influence. An excellent play was also put up by 'The Color Bakery' theatre group of New Delhi, sensitizing the audience on the issue with fine clarity.



### **Swachhta Pakhwara**

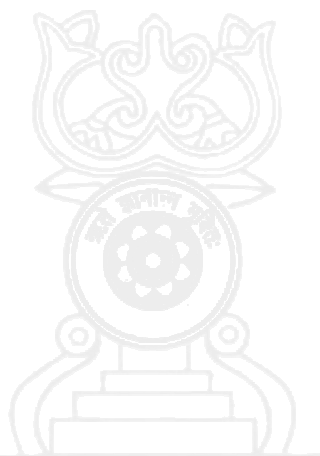
16th August 2016 marked the beginning of the 'Swachhta Pakhwara', a special fortnight campaign, in Kamala Nehru College. The campaign began with the Oath-taking Ceremony on 16th where all the NSS volunteers took an oath to sincerely participate in NSS. The next two days i.e. 17th and 18th August were dedicated towards cleaning every nook and cranny in and around the college. The volunteers were divided into pairs/ small groups and designated various classes. They cleaned the boards and dusted the furniture and arranged them in a neat order.

The efforts were not only limited to inside the rooms but also on the grounds, canteen, and auditorium foyer. On the following days, the volunteers went to a nearby village Shahpur Jat. A survey was conducted about the cleanliness conditions of the village and the people, making queries about issues relating to garbage collection and anti-mosquito fumigation in the monsoon months. Another day was spent in spreading awareness about cleanliness and sanitation. The participants went door to door delivering handouts informing the locals about the related agencies. The students also cleaned the lanes of the village, disposing off garbage and collecting biodegradable rejects for future use. Taking the message for a clean Delhi outside College, the students gathered around India Gate to ensure larger outreach. On the last day of campaign the volunteers acting as "Swachhta Senani" ensured that no garbage was dumped in public places. In this way, the campaign aimed to achieve its goal of spreading awareness about keeping our surroundings clean.



### **Cleanliness Drive**

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### **Sanitation and Health Awareness Drive in Begumpur**

We visited the slum and interacted with the residents, enquiring about the cleanliness of the locality and their awareness regarding hygiene practices. Questionnaires were administered to the residents, primarily pertaining to the Swachh Bharat Abhiyan and its overall effectiveness. The people reported that while good in theory and shows promise, it has not been carried out to its full potential and thus, has not been especially successful. They gradually opened up and shared their daily hygiene woes, saying that despite personal effort and initiative, the officials responsible never carried out their responsibilities diligently and showed a lax and laid back attitude regarding routine cleaning and sanitation.





**STREET PLAY:** a street play on the theme 'Unity' was organized where NSS volunteers participated and showcased their acting talent. The volunteers centered the theme on portrayal of 'Unity is Strength'.

### **Awareness against Drug Abuse**

NSS Day at Kamala Nehru College, held on 24th September 2016 took up the issue of Drug Abuse and saw a variety of events throughout the day. The day started off with an Impromptu NSS Talent Showcase in the Chaupal from 10:30 am-12 noon. Messages were sent across messaging platforms and a number of students showed up to participate. Activities such as acting and speech took place in the Talent Showcasing. After the Talent round, the rally against Drug Abuse took place within the college campus from 12-1 PM, with students holding up slogans and banners to spread awareness of the dangers of drug abuse. Students also submitted a number of slogans on the issue of Drug Abuse to the NSS team members, which were also used in the rally

### **Pledge to conserve water**

World Water Day focuses on the importance of universal access to clean water, sanitation and hygiene (WASH) facilities in developing countries. The day also focuses on advocating for the sustainable management of freshwater resources. Water is a limited resource. What each of us does in the world, how we live, does make a difference. As we learn the value of clean, safe water and how scarce it truly is, we can take steps to protect it and to get it to people who lack access today. So to spread awareness and take some action, we conducted a pledge ceremony, followed by a rally.



**Oath taking ceremony**



The National Service Scheme of Kamala Nehru College held its oath taking ceremony in the College campus on November 2, 2016. The oath was read out in both Hindi and English, and the students pledged to uphold the sovereignty, integrity and unity of the country. After the ceremony, there was a run for unity on the college grounds. The students, along with the teachers in charge, took an entire round of the college ground in the spirit of unity, integrity and sovereignty. On 3rd November 2016, a street play on the theme 'Unity' was organized where NSS volunteers participated and showcased their acting talent. The volunteers centred the theme on portrayal of 'Unity is Strength'.



### NCC-KNC

National Cadet Corps (NCC) is a tri-services organisation comprising of the Army, Navy and Air Force engaged in grooming the youth of the country into disciplined and patriotic citizens. The NCC aims at developing character, comradeship, discipline, and secular outlook, the spirit of adventure and ideals of selfless service among young citizens. The NCC helps students improve their personalities and build leadership qualities. Training is provided in drill, home-nursing, map reading, signalling, handling of weapons, archery, rowing, civil defence, parasailing, mountaineering, and water skiing. Summer camps are held annually. The college has a unit of the Air-wing providing training in Flying, Gliding, Parachuting, etc.

National Cadet Corps is a tri-service organisation, comprising Army, Navy and Air Force engaged in grooming youth of the country to a disciplined and loyalist citizen. Kamala Nehru college has NCC as an extra-curricular activity. NCC enrolls 75-80 fresh cadets every year with a



total strength of 240 cadets. Our cadets participate in different intra-college activities, inter college activities comprising Drill, Guard, Quiz and various cultural events and represents Kamala Nehru College and Delhi Directorate at various national and state competitions

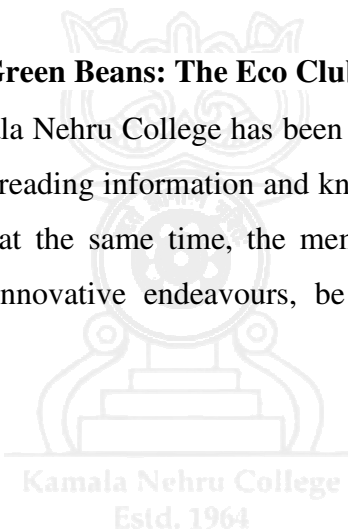
### **Activities**

From 19th to 21st June 2017 **International Yoga Day camp** was conducted in our college which was attended by different schools and colleges enrolled with 4DGBN. Six cadets of 3rd year from college also went for National Integration Camp from 19th June to 30th June in Amritsar. To respect the zeal of cadets towards NCC, on 15th August, while celebrating the day 12 cadets were decorated with Ranks of SUO, JUO and Sergeants respectively. Our cadets actively took part in the mission to clean the college and surroundings under **Swachh Bharat week**.

**REPUBLIC DAY CAMP:** Cadet Himanshi Dahiya participated in the Republic Day Camp and moreover she was a part of NCC girls marching contingent on Rajpath on the 26th January. Our cadets participated in the different events like Guard, Dance, Singing, Quiz, etc. organized by many DU colleges' NCC festivals. International Yoga Day camp was conducted in our college which was attended by different schools and colleges enrolled with 4DGBN. Six cadets of 3rd year from college also went for National Integration Camp in Amritsar.

### **Green Beans: The Eco Club**

The Environment Society of Kamala Nehru College has been working for the past 25 years, and has covered many milestones in spreading information and knowledge about environment to our young members since then. And at the same time, the members of our Green Brigade have enriched the society with their innovative endeavours, be it organising campaigns against







tobacco or crackers during Diwali, our members come out in large numbers to fight for the cause of environment.

Green Beans also organizes annual Festivals under the title “TERRA” on contemporary environmental issues like sustainable development, water and forest management etc. The ADD-ON certificate courses on the environment are organized every alternate year wherein experts are called from diverse fields to deliver lectures. The society is also working on creating awareness among the students about biodiversity on the campus, wherein we have completed the audit of birds and trees. Presently, we are involved in conducting the botanical audit of the college.



**Botanical audit**



Glimpses of Botanical Audit

The

society started its field project “Botanical audit” under Dr. Akanksha Mishra which aimed to familiarize the members about their surrounding and to prepare a catalogue of the trees, herbs and shrubs on campus. In the same month, society was approached by the WWF-India for their project „echo“ which is an intercollege environment societies“ panel to share experiences and learn from each other“s activities. However, the work done by our society was most applauded there.

**Workshop on Disaster Preparedness and Community Resilience**A workshop on Disaster Preparedness and Community Resilience was organised by the society on 21st January 2017 to conclude the on-going Community Outreach programme (October-December 2016).The programme was part of the JNU-Disaster Research Programme in collaboration with our College. Kamala Nehru College was one of the cluster Colleges' chosen for conducting the community disaster resilience study in different parts of the city. Professor Amita Singh from the Centre for Disaster Research, JNU and many other eminent professors graced the occasion.



The research team of JNU- DRP

### Best out of Waste” competition

“Best out of Waste” competition was organized which was a testimony of the students' resourcefulness to create things of utility out of the undesirable material and waste. The idea behind this was to motivate students to upcycle the waste. On similar lines, a paper quailing competition was organized by the students on 16th February to utilize waste paper to create cards and ornamental items.



Best out of waste stall by Green Beans Society at Adrith (Diwali Mela) 2017





### **WOMEN DEVELOPMENT CELL (WDC)**

The Women's Development Cell is a forum for discussing issues of gender, patriarchy and sexuality with and amongst the students. The primary purpose is to introduce them to the basic concepts of gender and link them to the experiences of their daily lives, enabling the understanding of patriarchy at work around us, thereby making it possible to develop strategies for challenging entrenched structures of domination. The WDC seeks to further the larger objective of creating a gender just society by sensitising our students, equipping them to uncover the often hidden and implicit biases that are built into the world we inhabit, as well as to make them aware that while foregrounding gender, it is important to understand how it interacts with other identities of class, caste, religion and sexual orientation. The WDC wants to become a space that enables students to raise and resolve both day to day issues, and to dream big and work towards a gender just world. The forum seeks to sensitise students through lectures, workshops, film screenings etc. about a wide range of issues. Promoting legal literacy and equipping our students to exercise their rights is a prominent goal of the WDC.

### **Activities**

**CONFERENCE:** In March, student members of WDC attended a conference on International Women's Day, organised by VishwaYuvak Kendra. There they actively participated in the discussions about the status of women in India today.

**COLLABORATION WITH BOOK CLUB:** In April, WDC collaborated with the Book Club of the College to organize a Daastangoi performance by Fouzia and Valentina Trivedi titled 'DastaanGoopi-Baghaki'

**FILM SCREENING:** in July, WDC screened 'IzzatNagrikiAsabhyaBetiyan', Nakul Singh Sawhney's critically acclaimed film on Khap Panchayats and honour killings, followed by an intensive discussion with the film-maker.





**SESSION WITH ICC:** In association with the Internal Complaints Committee (ICC) of the College, WDC conducted a session by Dr. Vageshwari Deswal on 'Women and Law', to raise legal awareness amongst the students, in the July month.

**POSTER MAKING COMPETITION:** In September, a poster making competition was organized on the theme 'Kadam Kadampe'. WDC organized 'Dastan-e- Aurat', in October. Eminent authors, Nasera Sharma and Vandana Nag, and the distinguished lawyer Kamlesh Jain discussed everyday gender issues that women face.

**COLLABORATION WITH GOONJ:** As part of WDC's long standing collaboration with Goonj, the Cell organized a Clothes Collection Drive for flood victims in August.

**JOY GIVING INITIATIVE:** In October, they donated 225 school kits as part of Joy of Giving initiative, the money for which was raised through a donation drive in College.

**IN-HOUSE SERIES:** WDC also started an interactive in-house series on discussing pervasive gender stereotypes in popular culture and media. The first session 'Hasna Mana Hai' focused on sexist and misogynist jokes that are widely shared through social media, interrogating the hidden assumptions and implications behind them.

**FILM SCREENING:** WDC arranged the screening of the film Pink, followed by discussion about the legal safeguards that are available to women and the procedures of making use of them.



## **EQUAL OPPORTUNITY CELL AND ENABLING UNIT**

Annual event-**INITIATIVE:** The event was celebrated by organizing Poster Making competition on Disability related Issues. The students from various colleges along with KNC students participated in it.

**VIKLANG NAHI DEVYANG? :** a Hindi debate competition

**KAVI SAMELAN:** ten visually impaired renowned poets recited their beautifully written poems on various aspects and hardships of life. The humor was the part & parcel of most of the poems. The audience was awe struck by listening to these poems which showed immense depth of understanding and sensitivity towards various issues related to our day to day lives.

**ESSAY COMPETITION:** title-“Technology in the service of the disabled” was organized as per the directives of HRD ministry to observe National Science Day.

**COUNSELLING SESSION:** counseling session for PWD students was organized. The students of EOC helped in the admission process for PWD students.



## CONSUMER CLUB:

A talk on **Food Safety and Standardization- the Consumer Club** invited Dr. Jasveer Singh for a talk on Food Safety and Standardization. Dr. Singh, who is currently working with Mondelez India Foods Pvt. Ltd., briefed the faculty members and students about adulteration in food by frequently elucidating real life examples and about measures which can be taken to ensure food safety.

**Consumer Mela:** The Consumer Club team enthusiastically participated at Consumer Mela organized by the Ministry of Consumer Affairs at Connaught Place. The team performed Nukkad Natak on a self-written and directed play about the problems of banking consumers. The play was appreciated by the Secretary, Ministry of Consumer Affairs and the performance was repeated at the same venue in the evening. The team again performed at Dilli Haat, and received huge rounds of applause from the general public.

**National Consumer Day:** Consumer Club members also celebrated the National Consumer Day at Vigyan Bhavan and the topic for discussion this year was Alternative Disputes Resolution for Quick Redressal of Consumer Disputes.

## SHINING NETWORK:

An interactive session was held on '**Benefits of Vedic Nutrition in Modern times**' with Dr. Shikha Sharma, a renowned Nutritionist and founder of Nutri Health Wellness Centre. She emphasized on the importance of cultivating Vedic nutritive values for a qualitatively enriching life in modern times. To commemorate the event, a bookmark was released with the quote, 'Exercise is king, nutrition is queen, put them together and you've got a kingdom'.

The semester was concluded with a session on '**Peace and values**' with the principal of Kamala Nehru College, Dr. Kalpana Bhakuni. The session held on 3rd April 2017 was aimed at providing an insight into the objectives and workings of Shining Network. The student members of SN prepared small couplets and citations on the values that they cherish, shared their plans for the forthcoming year towards peace building activities as well as how they would incorporate the mindfulness techniques to cultivate inner peace. To commemorate the event, a bookmark was released with the quote, 'Values are the pearls on the string of life'. The traditional 'Celebrating diversity through Chutney' event was held after the discussion session.

The team Shining Network makes an effort to give expressions to its thoughts, ideas, concerns and the issues that bother the young minds through short film presentations. These presentations such as on the topic- **Ageing and Aged, film on young mind** etc are usually made for the specific interactive sessions as an introduction to the topic of discussion.

