

KAMALA NEHRU COLLEGE

UNIVERSITY OF DELHI

SUPPORTING DOCUMENTS FOR 3.3.3

**REPORTS OF THE EXTENSION ACTIVITIES OF
SOCIETIES FOR THE PERIOD**

2019-20

This document contains the extension activities organised by the following societies:

- NSS
- NCC
- Green Beans
- Equal Opportunity Cell & Enabling Unit
- Women Development Cell
- Gandhi Study circle
- Consumer Club
- Shinning Network
- Asar- The Entrepreneur Cell

-

National Social Service Scheme, KNC

POSTER MAKING: The NSS unit of KNC organized a poster making competition for second and third years on the topic “water conservation” to spread awareness about the importance of water. The contestants used the language of art and designed posters to bring forward the need for water conservation in today’s world. The posters truly brought forward the true value of water.

ORIENTATION EVENT: the NSS orientation for the session 2019-20 took place. The event began with attendance of the students which took place by scanning the QR codes that were provided to each and every student registered with NSS. The aim was not only to save time and to facilitate the process, but also to make NSS paperless as far as possible. The President (Hera Aaqil, B.A Prog.) and Vice President (Danita Yadav, Journalism Hons.) addressed the students, spoke about the aims and objectives of NSS KNC, our upcoming collaborations and our new in-house project i.e. “Deeksharambh”- peer mentoring sessions which will function as a Student Induction Programme for all the first year students of the college. The core team and the Programme Officer, Ms Namita Paul introduced the different teams of NSS and requested the students to join a team based on their interest, to ensure better functioning of NSS.



COLLAB WITH GOONJ: NSS KNC in collaboration with Goonj conducted a three day collection drive on 1st, 2nd and 5th August 2019. The collection drive took place for flood hit

areas of Bihar and Assam. Items such as clothing, grains, utensils, sanitary pads were collected in large numbers from students, faculty and staff members.

CHARCHA FOR CHANGE: The NSS KNC volunteers went to the Stein auditorium, Indian Habitat Centre, Lodhi Road on 5th August 2019 for the #CharchaForChange: Climate Chapter discussion hosted by United Nations Development Programme (UNDP) and Josh Talks. 15 volunteers were selected for the event. The goal was to discuss ideas, innovations and solutions to combat the climate crisis. Innovators, artists, change-makers and social entrepreneurs participated in the event. They shared their journey on #Climate Action and inspired the youth to take action

OATH TAKING CEREMONY : The NSS unit of KNC conducted an oath taking ceremony for all the registered students outside the NSS room on 7th August 2019. This ceremony marked the beginning of Swachhta Pakhwada in KNC. The oath was led by the Programme officer, Ms Namita Paul. As part of the **Swacchta Pakhwada** the NSS unit of Kamala Nehru College visited Kendriya Vidyalaya, Sadiq Nagar on 7th August 2019 alongwith Dr Shobha Rani and Dr. Santosh. They had an interactive and engaging session with the students of the institution and made them aware them about cleanliness and the goals and purposes behind it. The NSS volunteers also performed a skit about cleanliness which portrayed the importance and the consequences if cleanliness is not a habit practiced by everyone. The second event of Swachhta Pakhwada 2019 was held on 8th August 2019 in the KNC campus from 8:30 AM to 9:30 AM. The first step towards cleanliness of the environment is to ensure that your immediate surroundings are clean. Therefore, the objective of this event was to clean the college campus.

SWACHHTA PAKHWADA 2019: he cleanliness drive continued in the college campus every day from 1 PM to 1:30 PM from 1-20 August 2019. Students scouted the entire campus and cleared all scraps, litter, leaves and various other things that disrupted the spotlessness of the college. The fourth event of Swachhta Pakhwada was held on 10th August 2019 at Green Park Market. The objective of this event was to clean Green Park market. All the volunteers were asked to wear something yellow and bring garbage bags, gloves and any other material that was required to clean the market

On 14th August 2019, NSS Volunteers conducted a **survey of the college's rain water harvesting plant** and solar panels to understand their functioning and importance with the guidance of Dr. Akanksha Mishra.

The **FIT India campaign** was kicked off with a telecast with ShriKirenRijju on 23rd August 2019. On 26th August 2019, the NSS Volunteers collected and donated plants to promote Gandhian ideals

PRIDE 2019: The NSS unit of Kamala Nehru College organized "PRIDE 2019" on 6th September 2019 to mark the one year anniversary of the historic judgment which is a huge step towards equality. The event was organized in collaboration with Nazariya, a queer youth alliance and social justice advocacy group operating in Delhi. There was an open mic session, art exhibition and various stalls

ROAD SAFETY EVENT: NSS Volunteers participated in I-Safe, the road safety event at IIT Delhi on 7th September 2019, Saturday and started off by the introduction of all the guests and panel members and presenting plants to them. Mr. Amar Srivastava, the founder and president of IRSC, Solve delivered a speech on the vision and mission of IRSC.

50 YEARS OF NSS: The NSS unit of Kamala Nehru organized an event on 24th September 2019, Tuesday to celebrate 50 years of NSS. We held a series of competitions with themes that made people understand the concept of NSS and the essence of social service. The Slam Poetry competition and the Photography competition emphasized on the Gandhian Ideology by making students think deeper about the art of social service and the little acts of social service we witness in our everyday lives. The Poster Making competition tackled the issue of the rise of plastics and the students used their beautiful canvases and strokes to make the world aware of the harmful impact of plastics and its use. To close the session, a speaker session was organized where we were joined by AditiNagrath, Learning Manager, Slam Out Loud Organization and Muskaan Kohli, Senior Coordinator, Ladli Foundation. The session aimed at educating and sensitizing the students towards the importance of the underprivileged people having the same opportunities and the same ambit to have a choice in life as we do.

LECTURE ON PUBLIC DIPLOMACY: Delhi School of Transnational Affairs, University of Delhi organised a lecture by His Excellency Mr. Walter J. Lindner, German Ambassador to India on the topic "public diplomacy: leaving the cage" on 25th September 2019, Wednesday and was attended by 15 NSS volunteers of Kamala Nehru College. This ambassadorial lecture

series is a flagship initiative by the Delhi School of Transnational affairs with the prime objective to promote research on interdisciplinary themes on transnational affairs.

On the occasion of Gandhi Jayanti (2nd October 2019, Wednesday), the NSS Unit of KNC organised a cleanliness drive in the college campus to contribute in the Swachh Bharat Abhiyan to commemorate Gandhiji's 150th Birth Anniversary. The NSS mobilized the college community to curb Single Use Plastic under Swacchta hi Sewa Abhiyan.

Deeksharambh (Peer Mentoring Programme)

Starting college is a huge step in every person's life. The immediacy of the freedom and independence that accompanies college life can be scary at times and can lead to a rise in feelings of anxiety. All the seniors here at Kamala Nehru decided to form a team that was divided according to the courses available at our college. The aim was to help the newcomers adjust to college life by interacting with them on a daily basis and establishing a feeling of comfort. The NSS Unit of our college began this programme during the undergraduate admissions in 2019. The second and third years at that time would hold sessions and interact with their juniors to help them with whatever problems they were facing ranging from finding adequate PG's to choosing a generic elective subject. The seniors made sure that their juniors weren't alone and knew that they could approach them anytime. A list of all the peer mentors and their mobile numbers was distributed amongst the students of KNC to make the process of reaching out easier. The sessions that were held by seniors covered a range of topics from introducing the department to them, mental health questions, Freshers parties, etc. Any doubt that the newcomers had was taken care of patiently by their seniors. We hope to continue Deeksharambh into the next session too as it has had a positive outcome and has removed the barrier of seniority across the college making the interaction between all three years natural.

DEBATE COMPETITION: a Debate Competition was organised in KNC and the NSS Volunteers who participated and attended were given hours. On the occasion of National Unity Day on 31st October 2019, the NSS unit of KNC took the unity pledge. The pledge was read out by our General Secretary, Akshita Gupta. The volunteers were asked to assemble outside the NSS room. Before the commencement of the event, the NSS core council took the attendance of the volunteers present

SESSION CLIMATE CHANGE: The Geography Department on its annual day organized an informative talk in collaboration with Friday for Future and the NSS unit of KNC on 4th November 2019. The talk was addressed by Bhamini Jain, who is affiliated with the Climate Reality Project which is a nonprofit organization involved in education and advocacy related to climate change.

NATIONAL MISSION FOR CLEAN GANGA was organised on 4th November, 2019 at the Dhyanchand National Stadium by the Ministry of Jal Shakti, Government of India. It was conducted to spread awareness about the depleting conditions of river Ganga. NSS KC was honored to be a part of this enlightening seminar.

WORKSHOP ON POCSO : The NSS members of Kamala Nehru College organised a workshop on POCSO (Prevention Of Children from Sexual Offences) and gender equality organized by Sakshi NGO on 6th November 2019. The aim of the workshop was to make the young citizens of the country understand the responsibility they have and the power they hold to raise awareness and bring change in the society. The NSS volunteers of KNC helped in the organisation work of We the Young's event in IIT Delhi which was held on 9th November 2019.





GREEN BEANS SOCIETY

CALCULATION OF WATER FOOTPRINT

INAUGURATION OF COLLEGE'S CANTEEN WASTE COMPOSTING UNIT: short training workshop for the canteen staff and students

SPEECH COMPETITION: organised by the Society on the topic of "Burning of waste and how to tackle it". The competition was marked by strong arguments from students about the impacts it would have on environment.

SERIES OF ONLINE COMPETITIONS: comic strip making, poetry and short story writing were organised.

CELEBRATION OF ENVIRONMENT DAY: online celebration through poems, short stories, slogans, posters etc.

WOMEN'S DEVELOPMENT CELL

WORKSHOP: an informative workshop in collaboration with Pravah-youth development organization on 'Understanding Power, Privilege and System Thinking' was organized.

WORKSHOP: a workshop in collaboration with Streedhan- was organised on 'What is Rape Culture in India?' was conducted.

WEBINAR: Webinar in collaboration with Pravah on series to challenge fake news in times of COVID-19 surrounding the question, 'How do we identify what is Farzi and what is Asli?' was organised.

INAUGURAL SESSION: The Inaugural Session, was on the theme of World of Women in which we had Women at Leisure, Lecture by Professor Mary E. John and to #NotetoSelf activity.

WORKSHOP: SHLC workshop which was a collaborative event with SHLC (Sexual Harassment and Law Compliance) and WDC Kirori Mal, Hindu College) on 'Understanding Safe Workplaces and your Rights at Internship'.

DISCUSSION: a discussion with Talish Ray, corporate commercial lawyer on 'Your Laws, Your Rights: From Education to Empowerment' took place.

DISCUSSION: a discussion with Arpita Chowdhary, founder of Jazbaat Foundation, on 'Sustainable Menstruation and Menstrual Poverty' was conducted. We also made use of our social media accounts, we keep posting informative posts about PCOS awareness month and Breast Cancer awareness month.

GANDHI STUDY CIRCLE

GANDHI IN ME: With the commencement of the new academic session 2019-20 the society organized an Intra-College event to bring out the hidden Gandhi in each one of us under the name "GANDHI IN ME". Participated in by 47 Students from different college departments the program highlighted the need of positive thinking and constructive action on the lines of Gandhian values. This was done by a creative activity of providing students with real life situations to which they had to respond through the lens of Gandhi.

GANDHI UTSAV: Gandhi Utsav is the annual event of the society, and was celebrated on October 1st 2019. As we were celebrating 150 years of Gandhi, the celebrations had to be grand! The first event of the day was a talk on 'GANDHI & SECULARISM' by Prof. Himanshu Roy, a senior fellow at Teen Murti. The activity theme was "WATER". Students ran a social media campaign "SAVE WATER". Gandhi Study Circle had received numerous entries on the social media page from students, professors, men and women from all walks of life sharing their unique ways of saving water. The society members also took a pledge "Say No to Single Use Plastic." Convener, Dr. Neena Bansal, led the pledge and inspired the students' gathering not to use plastics and paper cups in future and to carry their own personal tumblers and kulhads. The event was then followed by a performance by our very own musical band, The Rumoured Project which was highly appreciated by all. A best out of waste

competition, 'RENAISSANCE' was held in the foyer of the college. The participants submitted beautiful and innovative entries within a span of one hour. The next event was NUKKAD NATAK which was directed and organized in collaboration with the members of Lakshya, the theatre society of the college. The play titled, 'SUKHA' threw light upon the subject of Water Scarcity, appreciated and applauded by all with an intense streak of introspection. The event culminated by the traditional game of Snakes & Ladder, played by teachers and students both.

CONSUMER CLUB

SEMINAR: The Club organized a Seminar on "Consumer Rights and Protection Awareness". The occasion was graced by the Honorable speakers- Dr Jayshree Gupta, Director, Consumer India and Dr. Sushila, Project Director from National Law University, Delhi. The house in session saw a turnout of about 300 enthusiastic young minds, along with the various faculty members. The seminar aimed at briefing the crowd about the inception of the Consumer Rights and Protection Act of 2019 and further addressing issues associated with consumer exploitation. Dr Sushila took the floor and described the drawbacks of the previous Indian Consumer Law of 1986, the need to revamp it and some salient features of the new act. The bill that received accent on August 2019 intends to "tackle the traditional problems of Indian consumers and the challenges posed by online transactions, multilevel marketing or direct selling" and vanquishing the pre-existing defects like "lack of awareness, expensive remedy, and misleading advertisements and delays in the system". According to Dr Sushila the Bill shall serve the purpose of "providing protection of interest of consumers and for the said purpose, to establish authorities for timely and effective administration and settlement of consumer disputes." Terms like Product Liability, Central Consumer Protection Authority, means to legal aid and rights of consumers were discussed in great detail. Dr Sushila also mentioned the principal initiatives taken by NLU Delhi itself towards the path of creating a safer and more informed society for consumers through practices like court visits, intervention complains, awareness rallies, consumer surveys, seminars, and frequent publications. What followed was a very interactive discussion between the students and Dr Jayshree about past and personal consumer scandals. She answered all the queries of the audience members by giving her expert opinion on the subject matter and provided deeper personal insights. It was indeed a wholesome and a productive session as great enthusiasm and participation was witnessed pouring out of the students from all corners of the room. The lively session came to an end as the guests were each presented with a sapling as a token of appreciation for their benign presence at the seminar and for enlightening our students. They were thanked for sharing their wisdom in the successful session gone by.

MEME COMPETITION: Various students of Consumer Club, Kamala Nehru College participated in the meme making competition collocated by Satark- the Consumer Club of PGDAV College, Delhi University. Ritika Chhatwal of our college won the meme making competition.

POSTER MAKING COMPETITION: The Consumer Club of Kamala Nehru College organised an inter-college Poster Making Competition on the topic: „Misleading Advertisement and Digital Consumers“, aimed to highlight the ever growing fraudulent culture witnessed in the marketing industry that takes the help of tools like unproven facts, stereotypes, and corrupt

information to often misguide the buyers, sets ugly beauty standards and the illusion of perfect body that the teenagers desperately seek to achieve.

COMQUEER: a multi competition event COMQUEER was organised by the College of Vocational Studies, Sarita Vihar that saw the coming of numerous young and enthusiastic teams from various prestigious colleges of the Delhi University. Our college participated in two events: Kapitalista and Pitcher pirates. Our college bagged the fourth position. With the hope of creating a more informed society of young and passionate individuals, the students at NLU Delhi organised a free legal help camp for the District Public Park, Dwarka. Dr Sheetal Kapoor, the teacher convenor for Awaken, along with members of our society, graced the occasion as one of the opening speakers for the day. Awaken started an online quiz competitions for testing the inquisitive minds, Look at the Ad.

Kamala Nehru College, University of Delhi became the proud partner of The Kailash Satyarthi Children's Foundation Consumer Campaign, run by the celebrated Children Rights activist and the Nobel Peace Prize recipient Shri Kailash Satyarthi who is also the founder of multiple social activist organizations, including Bachpan Bachao Andolan, Global March Against Child Labour, Global Campaign for Education, Kailash Satyarthi Children's Foundation, and the Good Weave International. The collaboration will enable us to be one step closer to the process of creating a global platform for prevention of exploitation and violence against children at the grassroots. We aim to engage with children, stakeholders in communities for creating a children friendly environment. Through our campaigns we aim to mobilize and inspire diverse groups to free children from exploitation and slavery. The institution will strive to strengthen the generation and the use of research driven evidence for creating a child friendly world.

CONSUMIDOR'20: It is a fun opportunity to bring out the vigilant consumer in participants, and to participate in exciting events like never before such as Iktiyaar, Color expresso, sell it out etc

Asar- The Entrepreneur Cell

The E-cell worked tirelessly on Project Kadam last year. It empowered 10 cobblers and their families, thereby helping over 50 people with a better quality of life. Students put up stalls in various college festivals and residential areas to sell handcrafted footwear made by cobblers using discarded denim. The team qualified as one of the top 30 teams from all over India for Enactus National Competition held on 13th July 2019 in IIT Delhi. It also qualified for the National Level Competition, under the Micro Jugaad Campaign hosted by Arise NGO. The team was appreciated for its impactful social work by The Indian Express, a national daily, in their newspaper column.

Enactus KNC put up a stall showcasing its chappals at the annual commerce fest of our college on 29th January 2020. On the same date a team of 4 members presented Project Kadam at the B plan competition held as a part of the annual commerce fest of our college. Over the dates of 29th -31st January 2020, Enactus KNC put up a stall near E-Cell room and collected warm clothes from students and faculties. All of these clothes were then donated to people near AIIMS on 17th February 2020. Enactus KNC put up a stall showcasing its chappals at the

annual Enactus fest of Ramjas College on 5th February. A team of members participated in the Bplan competition organized by Enactus Miranda House on 7th February, 2020 where they presented Project Kadam. Enactus KNC put up 'Paise Do Joote Lo' stall and collected donations at Ecophoria, the economics fest on 19th February. For every person donating a sum of money, we further donated one chappal to someone who couldn't afford one. This way we utilized the old stock of footwear and also made someone smile. Enactus KNC on 20th February put up a stall showcasing its chappals at the annual Consumer Club fest of our college. The society organized an entrepreneurship workshop- Asar in Action on 26th February 2020 which hosted 3 guest speakers. They talked about their experience in the field of entrepreneurship, guided and taught us about important tools that could help our projects grow. The workshop was open for all the students of Kamala Nehru College. Art of Living Meditation Workshop conducted on 11th May, 2020, the meditation workshop was conducted for the members of the society. It guided them regarding how to deal with anxiety and gave everyone a sense of calm in these tough times. Two instagram lives were organized with Ms. Saniya Bedi and Mr. Reyansh Naarang on 14th may and 26th june respectively. Ms.Bedi's live was conducted on the topic 'How to deal with anxiety and uncertainty of the future in the light of covid 19 It gave students the opportunity to talk to a professional and ask any questions that they had. And, Mr.Naarang's live was conducted to celebrate the pride month, in order to raise awareness and increase acceptance of the community. Over the course of the months of July 2020 to October 2020 a team of 2 members presented kadam at Ecochirp Launchpad Programme, making a cut out of 200+ teams pan India at the launch pad program held weekly (online) by ecochirp foundation.

