

Report 2012-13

L'Esprit- the association of the Psychology department of Kamala Nehru College started its academic session 2012-2013 by organizing an informal orientation for the freshers.

In the month of August an interactive session was organized for the students on a very fascinating topic of Psychology 'consciousnesses' from Indian perspective'. The guest speaker Dr. Sanjay Bhambhani provided powerful insights in understanding the realm of consciousness from a very different perspective, relating it to our religious texts like the Bhagwat Gita, our age old Indian values and his own experiences.

A short documentary film 'Closer' by Meghna Gulzar was screened in the month of September. The film chronicles the story of people who are autistic and their family members. It is an empathetic movie which acted as a means to sensitize students and make them aware about this developmental disorder.

Like every year, a two-month certificate course on 'Child and Adolescence Mental Health Care' was organized in September-October to add value to our degrees in psychology. This add-on course was made open for students from various colleges offering psychology in Delhi University . A team of experts from Children's First, which included eminent professionals like Dr. Amit Sen, Dr. Kavita Arora, Dr. Prachi Agarwal, to name a few, sensitized students towards a vast plethora of issues concerning children and adolescents with the help of case studies, role-plays, movie clippings, presentations and interactions. The course was an enriched learning experience for all the aspiring psychologists.

Apart from these, students of the department actively participated in several seminars and workshops that were conducted in other colleges of Delhi University; the latest being a seminar on "The Flight of the Dove: Building Cultures of Peace" on 12th January, 2013 organized by Lady Sri Ram College for Women and a talk on Mental Health Care conducted in AIIMS, New Delhi.

Academically also the department maintained and continued its legacy of producing toppers. The batch of 2012 passed out successfully and many of them are pursuing their higher studies in esteemed institutions in India and abroad. Students of the other two years also scored well in their university examinations.