

NSO ACTIVITIES 2023

- Organized a lecture on “Nutritional Benefits of Millets For Sports Performance” on 9th May 2023 from 1:30 to 2:30 p.m.
- Organized “Embrace The Yoga Challenge” from 10th June to 20th June 2023.
- Celebrated International Day of Yoga on 22nd June 2023 from 7:30 a.m. to 9:00 a.m. on the college ground.
- Organized Sports Quiz Showdown on 6th September 2023 to celebrate National Sports Day.
- Organized athletic events on 22nd November 2023 at 1:00 pm on the college ground.