

Report 2016-17

Faculty Convener: Dr. Geetesh Nirban

Student Conveners: KajalKumari and MeghnaJalan

Since the inception of this Society in 2007, its enthusiastic team has been working to build a culture of peace and values through organizing talks, meetings, seminars, workshops, and interactive sessions as well as conducting field visits.

The year 2016 started with an interactive session on 'Peace and the Lessons in Biology' with Mr. Come Carpentier, Convener of the Editorial Board of the World Affairs Journal, (a quarterly publication dedicated to international issues) as the guest speaker on 27th January 2016. The speaker explained how biological principles work in enhancing and diminishing the peace building capacities in human beings. A book mark was released quoting the essentiality of peace: *'Conflict cannot survive without participation and peace is looking for an address.'*

On 8th March 2016, 'Eco-dharma'- a documentary on the Bishnoi community in Rajasthan was screened. Subsequent to the documentary, the team had an academically stimulating discussion with the filmmakers Ms. MalgorzataSkiba, from Poland and Mr. S Kumar, from India to learn about environmental values of the indigenous community of Rajasthan and their struggle to protect their age old traditions. A bookmark was released highlighting the need to protect environment, which read, *'I don't want to protect the environment, I want to create a world where the environment doesn't need protection'.*

The annual event of 'Celebrating diversity through Chutneys' took place on the same day with members of the team arranging the chutneys from all over India for a joint lunch to celebrate unity and diversity for cultural harmony.

Later in the year, an interactive session was held on 'Benefits of Vedic Nutrition in Modern times' with Dr. Shikha Sharma, a renowned Nutritionist and founder of Nutri Health Wellness Centre, on 21st October 2016. She emphasized on the importance of cultivating Vedic nutritive values for a qualitatively enriching life in modern times. To commemorate the event, a bookmark was released with the quote, *'Exercise is king, nutrition is queen, put them together and you've got a kingdom'.*

The semester was concluded with a session on 'Peace and values' with the principal of Kamala Nehru College, Dr. KalpanaBhakuni. The session held on 3rd April 2017 was aimed at providing an insight into the objectives and workings of Shining Network. The student members of SN prepared small couplets and citations on the values that they cherish, shared their plans for the forthcoming year towards peace building activities as well as how they would incorporate the mindfulness techniques to cultivate inner peace. To commemorate the event, a bookmark was released with the quote, *'Values are the pearls on the string of life'.* The traditional 'Celebrating diversity through Chutney' event was held after the discussion session.

We are happy to announce that student convenors for the year 2017-18 are ShrutiAppalla and FaizaAzhar while Bhavya Bhatia will be the cultural coordinator.

Film Presentations by Shining Network-Youth Empowering and Value Creating Society

The team Shining Network makes an effort to give expressions to its thoughts, ideas, concerns and the issues that bother the young minds through short film presentations. These presentations are usually made for the specific interactive sessions as an introduction to the topic of discussion. One could check out the following links....

- Ageing and Aged.... <http://youtu.be/qjQPzDHpBf8>
- Expressions as Life Skill.... <http://youtu.be/91BD-UiGEsQ>
- An Attempt.... <http://youtu.be/PWoRU4fIV8M>
- Melee of Questions http://youtu.be/_4wkk2CVUPM
- Reflection.... <http://youtu.be/WA5r8ryra9I>
- Presentation on life skills.... <http://youtu.be/wB8ChulBsVY>
- Film on Young Mind.... <http://youtu.be/lmXr7O2MtbU>



Team Shining Network 2014



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