



KAMALA NEHRU COLLEGE
UNIVERSITY OF DELHI
DEPARTMENT OF PSYCHOLOGY



PRESENTS

Mental Health Week' 26

12th October

Flash Mob

Venue : Audi foyer

Timings : 1:00 to 1:30pm

**Online session on Lived Experience of
Ability Over Disability : A Sense of
Purpose Through a Therapist's Lens”
by Dr. Ojaswita Bhushan
(Counselling Psychologist and
Researcher, NIRMAN)**

13th October

Wall of hope

Venue: Chaupal

**Timings: 1:00 to
1:30pm**

15th October

Jam Session

Venue: Chaupal

Timings: 1:00 to 1:30pm

16th October

one word reflection

venue: Chaupal

Timings: 1:00 to 1:15pm

Pledge for real change

venue: Chaupal

Timings: 1:15 to 1:30pm

**Partner: Heart It Out, Media Partner: Sach Kaho, Gifting Partner: PsychStoreCo,
Drinks Partner: Pulse Cafe, Food Partner: Monginis**

TEACHER IN-CHARGE

Dr. Sunil Kumar

PRINCIPAL

Prof. (Dr.) Pavitra Bhardwaj

FACULTY COORDINATORS

Prof. (Dr.) Mandeep Kaur Arora, Sanjana Choudhry

Psychology Department Student Association: Dhaanya Singh (President), Palak Sharma (Vice President), Poorti Maheshwari (General Secretary), Avika Mattoo (Treasurer),
Jaskiran Kaur (Social Media Head), Vedika Sikka (Alumni Representative)